



Welcome to

NØK-congress

July 28-31 2024 in DENMARK



Kalø Økologisk Landbrugsskole

The NØK program 2024 is composed of exciting activities for the whole family. The professional program is divided into five themes, each with a number of interesting contributions. For the youth program the stage is set with 'full steam' for children and young people, and the accompanying program fits both those who want to move around and those who prefer short or longer bus trips.

Kalø Organic Agricultural College (Kalø Økologisk Landbrugsskole) is usually run as a boarding school, having meeting rooms of various sizes, boarding school rooms, a large kitchen with a dining hall, inside sports facilities, and large outdoor areas. The college shares facilities with 'Kalø Højskole'.

Kalø Økologisk Landbrugsskole
Skovridervej 3
8410 Rønde, Denmark

Kalø and surroundings

Kalø Organic Agricultural College is located in the heart of Kalø Vig and Mols Bjerge National Park. The program for the congress make use of the local area for most parts.

Kalø is beautifully situated with the iconic Bregnet Church and Kalø Castle Ruin. The area is full of exciting cultural history, for example, excavations have shown that in the Middle Ages, there was a large village on the fields around Bregnet Church that supplied Kalø Castle.

There are plenty of opportunities for walks in the surrounding area. A network of paths leads you around Ringelmosé Forest, where you can discover ancient monuments on the ancient path.

Close to the college is Nappedam. There is a small beach, a bathing bridge, and a marina. Here there will be activities for children and young people.

Close to Kalø is Djurs Sommerland - the largest family amusement park in the Nordic region.

Invitation

Professional program with a focus on sustainability and technology

- **Society's demands for sustainability**
 - o What does society expect from cattle farming?
 - o How do dairies work with sustainability?
- **Data, management and artificial intelligence**
 - o Management systems, sensor technology and artificial intelligence
- **Sustainable feeding**
 - o Reduction of methane and precision feeding
- **Breeding for sustainability**
 - o Company visit to Viking Genetics
- **Sustainability and technology on the dairy farm**
 - o Farm visit and workshops at I/S Enghavegaard
- **Beef production in Mols Bjerger National Park**

Companion program

- **Excursion to Kalø Castle Ruin**
- **Eat the Nature!!**
- **Excursion to Ebeltoft city**
 - o Guided tour of idyllic Ebeltoft, the frigate Jylland, Ebeltoft Gårdbryggeri
- **Mols Bjerger National Park**

Children / Youth program

- **Activities in the park and by the water at Nappedam**
 - o Stand up paddle, ball games, outdoor life
- **Wild / deer from the forest!!**
- **Excursion to Djurs Sommerland – Scandinavia's largest family park**
- **Fun activities in Mols Bjerger National Park**



Professional Program

Some of the planet's absolute biggest challenges are climate and biodiversity. Therefore, the professional program for the NØK Congress 2024 has **sustainability and technology in cattle production** as the overall theme.

All countries in the UN have committed to achieving individual reduction goals, and many companies have committed to the UN's science-based targets with the goal of meeting the Paris Agreement of 2015, which aims to limit temperature rise to 1.5 degrees above pre-industrial levels.



What does this mean for milk and beef production in the Nordic countries? And how do we solve the challenges through research, advice, and directly in production with cattle farmers?

At the congress, we will focus on the opportunities that cattle farmers have to reduce their climate impact and increase biodiversity.

The first day of the congress is NØK Classic, with contributions from the Nordic countries. As a new initiative, we will take the group work on day two out to the barn at I/S Enghavegaard, owned by brothers Mogens and Martin Vetter Jensen. They run a well-managed organic farm with 350 high-yielding dairy cows.



We will also visit **Viking Genetics**, where we will see the facilities and hear about the latest technology in feed registration - **CFIT**, and how it can contribute to improved feed efficiency and thus achieve climate reductions.



Kalø Organic Agricultural College has some idyllic settings for hosting the NØK Congress 2024.

The college is Denmark's largest organic agricultural college, which also has international classes, with teaching in English. The practical learning facilities include 50 hectares of organically cultivated farmland for crops and vegetables, greenhouses, machinery, and herds of pigs, sheep, and dairy cattle. The college has worked with sustainability for many years and is today self-sufficient in foods for the college's kitchen, where quality is a hallmark.



Children / Youth program

Young at NØK

Kalø Organic Agricultural College has fantastic opportunities with an exciting program for children and young people. There are sports fields, fields and forests with paths, the beach at Kalø Vig, several campfire sites, and a lovely park with nice surroundings. A couple of experienced Danish "NØK youngsters" aged 17/18 will run 'Young at NØK'. Leah and Astrid have previously participated in NØK congresses and have played with what they would like to use the site's good surroundings for. They look forward to welcoming children and young people at the congress and to give all a great experience. The many different activities are planned so that you will:

Be physically active.

Use your head and good humor.

Collaborate between ages and nationalities

So, in that context, you should remember your:

Swimwear

Sportswear/outdoor clothing for all kinds of weather, as well as practical shoes



Here you can sleep

Shelters/youth dormitory (classroom) or parents' room. During the congress, you can choose to swap between the different sleeping options.

Shelters - The college has 3 large shelters where you can sleep. It will be a cozy opportunity to get away from mom and dad, as well as the extra fun and friendship with the other young people.

Youth dormitory - We will find a nice large classroom to put mattresses in, a great alternative to sleeping in the shelters. If the Danish weather is not with us.



Some of the activities

Children and young people only participate in the beginning of the Sunday welcoming ceremony. Then activities for children and young people are arranged at the agricultural college.

Monday morning we will go to **the nearby beach at Nappedam** and have fun there. Whether you mostly like building sandcastles, swimming, or participating in our planned activities, it will be fun for everyone. We have an instructor available for stand-up paddle, kayaking, and other things. To sign up for these activities with the instructor, you must be able to swim.

Monday afternoon we will prepare a deer and accessories for the evening meal under guidance of a hunter.

Djurs Sommerland is a full-day trip (Tuesday) to the **Nordic region's largest amusement park**. Adult leaders will also be on the trip, but your mom or dad is also very welcome.

Out in nature - **Mols National Park** Wednesday morning. Here we are around enjoying nature, seeing the animals, and just relaxing.

Parents are welcome to participate in the children's and youth program to the extent that the children need parental presence. Children aged 1-7 can participate with a parent.



Companion program

Hike to Kalø Castle Ruin (*Monday morning*)

We are walking to Kalø Castle Ruin along Denmark's oldest medieval road. Along the way, we hear stories from the castle's heyday. The total distance of the trip is 6-7 km.

In the beginning of the 14th century, King Erik Menved had Kalø Castle built as a perfect defense structure. The castle was located on the peninsula in Kaløvig for 350 years, after which it fell into disrepair and was demolished. The materials were transported to Copenhagen and used to build Charlottenborg on Kongens Nytorv, among other things.

There are many legends associated with the old castle ruins, which have been used as a prison, among other things. Kalø Castle's most famous prisoner is Gustav Vasa, who was imprisoned at the castle from 1518-1519 until he escaped. He later became the king of Sweden I.



Kalø Castle Ruin is protected today and parts of the tower remain. From the top, there is a magnificent view of the bay. We have packed lunch with us, which we enjoy along the way. The medieval road is paved with large cobblestones, so sturdy hiking shoes are recommended. Dress according to the weather.

Workshop: Eat Nature (*Monday afternoon*)

Together with the nature guide, we tend to fishing nets that he has previously set out and collect herbs and seaweed along the beach and in the forest. Together, we prepare a tasty crab bisque over a bonfire. It is a fun process to clean crabs and fish, prepare vegetables, season and, not least, taste the food. There is also an opportunity to see the Hunting House and learn about the work of the Danish Hunters' Association.



Full-day trip to Ebeltoft (*Tuesday*)

We go to the cozy market town of Ebeltoft. We see, among other things, The Old Town Hall.



It is a town with a charming town center and a pedestrian street with lots of life. We get a guided tour of several of the city's sights. It includes the frigate Jylland, the Siam Treasure Chamber, the Glass Museum, and the Malt Factory (cultural center, etc.). We also allocate time for shopping.



The day ends with a visit to Ebeltoft Gårdbryggeri. It is one of many microbreweries that have sprung up in Denmark in recent years. Here we get samples of more than 20 types of beer.

Mols Bjerger National Park (*Wednesday morning*)

All conference participants go on a group trip to Mols Bjerger National Park. Here, there is an opportunity to experience the unique landscape and history of the national park.



Meals

All meals are included in the congress payment. On full and half-day trips, Kalø Organic Agricultural College provides a lunch box, coffee, etc. for the trip.

Meals are served in the dining room, except for the conges dinner with dancing, which is in the sports hall.

Farm visit and hygienic precautions

The professional excursion with a visit to a Danish cattle farm takes place on Tuesday. Each participant must be aware of any regulations regarding contact with livestock after returning from the congress.

Transport

By plane: The nearest airports are Aarhus Airport (20km) and Billund Airport (120km).

By train: Aarhus train station.

By bus: There is a bus from Aarhus to Kalø Organic Agricultural College

By car: Distance from Hirtshals (200km), Frederikshavn (200km), Copenhagen (353km)

Links

Videndjurs.dk/kaloe-oekologis-landbrugsskole
Nationalparkmolsbjerg.dk/oplev-nationalparken/
[kaloe Djurssommerland.dk](http://kaloe-Djurssommerland.dk)

Ebeltoft.dk

Follow NØK at **Facebook – NØK kongres 2024**

Registration

Registration opens on Friday, December 22nd.

Via the website: noek.org

Deadline for registration and payment is **March 31, 2024.**

Prices

Participation:

NØK member: 4.000 DKK

Companion: 3.000 DKK

Youth 12- years: 2.000 DKK

Children 0-11 years: 1.000 DKK

Rooms (3 nights):

Single: 600 DKK

Dobble: 900-1.200 DKK

Camping: 500 DKK

Shelter/dormitory (children/youth): 0 DKK

Activities and options:

See the price list for individual choices.

NØK Nordisk Økonomisk Kvægavl

Priser for NØK-Kongressen i Kalø, Danmark 28. til 31. juli 2024

Price list for the NØK Congress in Kalø, Denmark, July 28th to 31st, 2024

Kongresudgift for NØK-medlem (Congress fee for the NØK member)				
Kongresudgiften inkluderer mødeudgifter, alle måltider, kaffe/te og frugt, NØK'iede mandag og fagudflugt tirsdag, festmiddag tirsdag aften, og udflugt til Mols Bjerger onsdag formiddag. (Congress expenditure includes meeting expenses, all meals and coffee/tee and fruit, NØK'iede Monday, professional excursion Tuesday, congress dinner Tuesday evening, excursion to Mols Bjerger Wednesday morning)		4.000 DKK		
Kongresudgift for ledsager (Congress fee for companion)				
Kongresudgiften inkluderer alle måltider, kaffe/te og frugt på Kalø Økologiske Landbrugsskole, NØK'iede mandag, madpakke til tur for ledsagere mandag, festmiddag tirsdag aften, og udflugt til Mols Bjerger onsdag formiddag. (Congress expenditure includes all meals and coffee/tee and fruit at Kalø Økologiske Landbrugsskole, lunch pack for companions excursion Monday, NØK'iede Monday, congress dinner Tuesday evening, excursion to Mols Bjerger Wednesday morning)		3.000 DKK		
Kongresudgift for børn fra 12 år (Congress fee children aged 12 years or more)				
Kongresudgiften inkluderer alle måltider, kaffe/te og frugt på Kalø Økologiske Landbrugsskole, deltagelse i børne-/ungdomsaktiviteter (dog ikke vandaktiviteter Mandag formiddag og tur til Djurs Sommerland tirsdag), NØK'iede mandag, festmiddag tirsdag aften, og udflugt til Mols Bjerger onsdag formiddag. (Congress expenditure includes all meals and coffee/tee and fruit at Kalø Økologiske Landbrugsskole, participation the activities for children and youth (not included: water activities Monday morning morning and excursion to Djurs Sommerland Tuesday), NØK'iede Monday, congress dinner Tuesday evening, excursion to Mols Bjerger Wednesday morning)		2.000 DKK		
Kongresudgift for børn op til 11 år (Congress fee children up to 11 years)				
Kongresudgiften inkluderer alle måltider, kaffe/te og frugt på Kalø Økologiske Landbrugsskole, deltagelse i børne-/ungdomsaktiviteter (dog ikke vandaktiviteter mandag formiddag og tur til Djurs Sommerland tirsdag), NØK'iede mandag, festmiddag tirsdag aften, og udflugt til Mols Bjerger onsdag formiddag. (Congress expenditure includes all meals and coffee/tee and fruit at Kalø Økologiske Landbrugsskole, participation the activities for children and youth (not included: water activities Monday morning morning and excursion to Djurs Sommerland Tuesday), NØK'iede Monday, congress dinner Tuesday evening, excursion to Mols Bjerger Wednesday morning)		1.000 DKK		
Tilvalg for ledsagere (Activity options for companions)				
Mandag formiddag: Vandretur til Kalø Slotsruin og naturoplevelser med guide (Monday morning: By foot to Kalø Castle Ruin and surrounding nature with guide)		100 DKK		
Mandag eftermiddag: Workshop "Spis Naturen" med naturvejleder. (Monday afternoon: Workshop 'Eat Nature' with the nature guide)		200 DKK		
Tirsdag: Heldagsudflugt med bus til Ebeltoft, byvandring med guide, museer og oplevelser. Evt. entré er ikke inkluderet. (Tuesday: Full-day trip by bus to Ebeltoft, guided tour and visits. Admission fees are not included)		250 DKK		
Tilvalg for børn / unge (Activity options for children / youth)				
Overnatning i shelter eller i fælles sovesal i et klasseværelse, medbring liggeunderlag og sovepose (Sleeping in shelters or in a shared dormitory in a class room, bring your own mattress and sleeping bag)		Gratis / free		
Sovepose og liggeunderlag (Sleeping bag and camping mattress)		300 DKK		
Mandag formiddag: Aktiviteter på stranden og på vandet (SUP og kajak) ved Nappedam. Du skal kunne svømme for at deltage i aktiviteter på vandet. (Monday morning: Activities at the beach and on the water (SUP and kayak) at Nappedam. You must be able to swim to take part in SUP and kayak activities on the water).		150 DKK		
Mandag eftermiddag: Tilbered et rådyr med tilbehør til aftensmaden (Prepare a deer and accessories for the evening meal)		Gratis / free		
Tirsdag: Heldagstur til Djurs Sommerland, frokost er inkluderet, entré og fri adgang til forlystelser er inkluderet (Tuesday: Full day excursion to Djurs Family Park, lunch is included, entrance and free rides are included)		450 DKK		
Overnatning på Kalø Økologiske Landbrugsskole (Accommodation at 'Kalø Økologiske Landbrugsskole'). Medbring selv dyne, pude, betræk og håndklæde - der er også mulighed for at leje dette (Bring your own duvet, pillow, sheets and towel - it is also possible to rent this). Børn/unge kan overnatte i shelter eller i fælles sovesal i et klasseværelse - se under "Tilvalg for børn / unge" (Children / youth can stay overnight in shelters or in a shared dormitory in a class room - look under 'Activity options for children / youth'). Se værelserne her (See rooms here): Virtuel tour of Kalø Økologiske Landbrugsskole 360 Tour https://tours.dancon360.com/tours/KBST5bbbP?sceneId=DgO6qRA76y				
Kostskoleværelser (Boarding school rooms)		Total for 3 nights		
Enkelt værelse med bad/toilet på gangen (Single room with shared bath and toilet)		600 DKK		
Dobbelt værelse med to enkeltsenge og bad/toilet på gangen (Double room with two single beds and shared bath and toilet)		900 DKK		
Dobbelt værelse to enkeltsenge og eget bad/toilet - mulighed for ekstra opredning på gulvet (Double room with two single beds and own bath/toilet - it is possible to place a mattress on the floor)		1.200 DKK		
Betræk til 1 dyne og 1 pude, og 1 håndklæde (Sheets for 1 duvet and 1 pillow, and 1 towel)		100 DKK		
1 Dyne og 1 pude (1 Duvet and 1 pillow)		250 DKK		
Camping i skolens park (Camping in the park)		Total for 3 nights		
Teltplads med adgang til bad og toilet i hallen (Tent pitch with access to bath and toilet in the sports arena)		500 DKK		
Andre overnatningsmuligheder tæt på Kalø Økologiske Landbrugsskole (Other options for accommodation nearby the venue)				
	Distance	Web	E-mail	Phone
Danhostel Rønde	4 km	danhostelronde.dk	roendevandrerhjem@pgu.dk	+45 40 40 18 11
Fuglsøcentret	15 km	fuglsoecentret.dk	til@fuglsoecentret.dk	+45 86 35 13 55
The nearby town 'Ebeltoft' (18 km) and the city of Aarhus (40 km) will have plenty of accommodation options. It will also be possible to rent summer houses or stay at a bed and breakfast not too far away, as the area is popular for holidays.				